

## **My bear isn't talking to me anymore, what did I do?**

If your bear has been talking to you and suddenly stops, then check for signs of life. If you have been giving them lots of attention, there is no reason for the anima to disappear.

Thinking or meditation are possibilities, especially if he is a Stone Bear or a Chi Bear. They may of course be depressed in which case – see above. Sometimes cheerful music may help or you could tell them jokes.

The other possibility is you've been listening a bit too hard to people who tell you that bears don't talk. You may have gone as far as to believe them. If that happens you won't be able to hear your bear anymore, however much they talk.

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## **Does my bear celebrate Christmas, and if so how?**

Most bears enjoy joining in with seasonal celebrations, whatever their personal beliefs may be.

Bears are fond of any good excuse for a gathering and happily embrace many festivals throughout the year for that reason alone. They're especially drawn to twinkly lights, decorations, and the opportunity to indulge in good food. The golden rule is simple: if you're celebrating something, bears are usually delighted to join in.

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## **Two of my bears don't get on. What should I do?**

If two bears don't get along, give them space. Placing them on opposite sides of the room usually restores harmony. If not, you may need to consider rehoming one bear.

This can be discussed with the bears themselves, though if neither one volunteers, a fair method such as drawing names from a hat may be required.

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## **My bear is looking sad - how do I cheer him up?**

It depends what type of bear you have as to how you go about cheering him, or her, up, but lots of attention is good to start. They might be bored, so perhaps you could organise a party. Bears love to socialise – at least, most of them do. Some of them absolutely don't – so that's why it's so important to find out more about them.

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## **I don't think my bear has ever had any anima – how can I attract some?**

Are you quite sure your bear has no anima? As mentioned above, they may be having some thinking time, so observe them and see if there is any change. If you're quite sure there is nothing there, start talking to them as though they *do* have anima.

Pick them up, play music, tell them what's been happening and maybe even pretend the bear is talking back. This will have the effect of attracting any anima that might be floating past looking for a home, and you will soon see life in the little button eyes.

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